



The New Revolution in Bodyweight Training  
[www.fitnessconcept.com.sg](http://www.fitnessconcept.com.sg)

## Ankle Weights



### Soft Hand Weight

#### Product Features:

Luxurious comfort material - soft, pliable, and securely fit around hand as glove. Adjustable Hook-and-loop closure to hold weight in place. The easy way to add weight for intensity in a walking, jogging, or aerobic workout.

Assorted Size :

2 lbs

3 lbs

4 lbs

5 lbs

Packing: Clamshell+Headercard



### Ankle Weight

#### Product Features:

Luxurious comfort material - soft, pliable, and securely fit around Ankle. Adjustable Hook-and-loop closure to hold weight in place.

Assorted Size :

5 lbs

Packing: Clamshell+Headercard



### Ankle Weight

#### Product Features:

Luxurious comfort material - soft, pliable, and securely fit around Ankle. Adjustable Hook-and-loop closure to hold weight in place.

Assorted Size :

2 lbs

3 lbs

5 lbs

Packing: Clamshell+Headercard



### Ankle Weights

#### Product Features:

Luxurious comfort material - soft, pliable, and securely fit around Ankle. Adjustable Hook-and-loop closure to hold weight in place.

Assorted Size :

5 lbs

Packing: Clamshell+Headercard



### Ankle Weights

#### Product Features:

Breathable fabric material - soft, pliable, and securely fit around ankle. Adjustable hook-and-loop closure to hold weight in place. Weight can be adjustable up to 2lbs, each by the use of slide-in weight packets with zipped closure.

Assorted Size :

2 lbs

Packing: Clamshell+Headercard

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### Adjustable Ankle Weight



#### Product Features:

Removable Polished weight-sticks allow the user to choose the weight as desired easily. Durable Nylon cover with reinforced velcro fasteners is securely stitched for long use.

Assorted Size :

2.0 kgs / pr

4.0 kgs / pr

6.0 kgs / pr

8.0 kgs / pr

Pack : Pair / colored box

### 10lbs Ankle Weight



#### Product Features:

Great for trimming and toning the legs and arms. A safe and effective addition to walking and aerobic exercise programs. Easy to adjust with Velcro fastener strap. Great durability, tough fabric, and reinforced stitching, black trim, 4-weighted packets.

Pack : Pair / colored box

Assorted Sizes:

5LBS / pair (2.5LBS each)

10LBS / pair (5LBS each)

### Neo Soft Ankle Weight(2LBS)



#### Product Features:

Soft neoprene with Velcro fastener.  
Pack : Pair/clam header card

Assorted Sizes:

2LBS / pair (1LBS each)

5LBS / pair (2.5LBS each)

10LBS / pair (5LBS each)

### Wrist Ring



#### Product Features:

One size fits all. Slips on and off instantly.

Pack : Pair/clam shell + header card

Assorted Sizes:

1LBS / pair (0.5LBS each)

2LBS / pair (1LBS each)

3LBS / pair (1.5LBS each)

### Soft Weight



#### Product Features:

One size fits all. Slips on and off instantly.

Pack : Pair/clam shell + header card

Assorted Sizes:

1LBS / pair (0.5LBS each)

2LBS / pair (1LBS each)

3LBS / pair (1.5LBS each)

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### Neoprene Ankle & Wrist Weight

**Product Features:**

Soft neoprene with Velcro fastener.  
Pack : Pair/clam shell + header card

Assorted Sizes:

2LBS / pair (1LBS each)  
5LBS / pair (2.5LBS each)  
10LBS / pair (5LBS each)



### Ankle & Wrist Weight

**Product Features:**

Weight by iron chips (neoprene coated with Lycia). Border trimming + Velcro fastener.

Pack : Pair/clam shell + header card

Assorted Sizes:

2LBS / pair (1LBS each)  
4LBS / pair (2LBS each)  
5LBS / pair (2.5LBS each)



### Nylon Ankle & Wrist Weight

**Product Features:**

Non-irritant nylon fabric. Velcro Fastener.

Pack : Pair/clam shell + header card

Assorted Sizes:

2LBS / pair (1LBS each)  
5LBS / pair (2.5LBS each)  
10LBS / pair (5LBS each)

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