



The New Revolution in Bodyweight Training
www.fitnessconcept.com.sg

Dumbbells & Barbells

Dumbbell & Barbell Set



Product Features:

One 152cm/60" x 30mm dia. threaded barbell bar with two star locks.
Two 35cm/14" x 30mm dia. threaded dumbbell bars with rubber grips & two star locks.

Baked-enamel cast-iron discs-
4 discs of 0.5kgs
6 discs of 1.25kgs
2 discs of 2.5kgs, 5.0kgs, 10kgs

Convertible Dumbbell Set



Product Features:

> Weight convertible for increasing effectiveness in aerobic and toning.
> End caps unscrew for removal or insertion of weight pellet.
> Helps developing strength and endurance.

> Adjustable range :
0.5kgs to 2kgs
1LB to 4LBS

Packing : Each/ clamshell + header card

Soft Dumbbell



Product Features:

Heavy-Duty Soft, Absorbent Two-Tone Foam Covering Helps Make Grip Secure and Makes Workout Comfortable. Great for Adding Intensity to Aerobic Workouts.

Pack : Each / P.P Clear Box

Neoprene Dumbbell



Product Features:

Great way to add intensity to aerobic workouts. Increase fat burning and tone arms.

Surface : Neoprene Coating

Pack : Pair / colored box

Assorted Sizes:

2LBS / pair (1LBS each)

4LBS / pair (2LBS each)

6LBS / pair (3LBS each)

8LBS / pair (4LBS each)

10LBS / pair (5LBS each)

Soft Cross Trainer



Product Features:

Soft, absorbent foam covering helps make grip secure and makes workout more comfortable. Shape assures firm handhold. Great way to add intensity to aerobic workouts. Increase fat burning and tone arms.

Pack : Pair / clamshell + header card

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Aerobic Dumbbell

Product Features:

Cast-iron dumbbell coated clear cover with hand Velcro closure.
Great way to add intensity to aerobic workouts. Increase fat burning and tone arms.

Pack : Pair / clamshell + header card

Assorted Sizes:

1kgs / pair (0.5kgs each)



Water Dumbbell(3LB)

Product Features:

Moulded plastic shell for filling with water up to 1.5lb each (3lb pair).

Pack : Pair / colored box



Water Dumbbell(3kg)

Product Features:

Moulded plastic shell for filling with water up to 1.5kgs each (3kgs pair)

Pack : Pair / colored box



Vinyl Coating Dumbbell

Product Features:

Great way to add intensity to aerobic workouts. Increase fat burning and tone arms.

Surface : Dipping finishing

Pack : Pair / colored box

Assorted Sizes:

2LBS / pair (1LBS each)

4LBS / pair (2LBS each)

6LBS / pair (3LBS each)

8LBS / pair (4LBS each)



Chromed Dumbbell Set

Product Features:

Plastic holder for the chromed steel weights. Adjustable weight from 3LBS to 9LBS/pair. Use for increased effectiveness in aerobics and toning.

Pack : Pair / clamshell +header card

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Fitness Dumbbell Tree



Product Features:

Safe, soft and fun weights to use in a variety of fitness exercises.

A> 10LB(2,3,5lbs pair) + One dumbbell rack/colored box

B> 12LB(2,4,5lbs pair) + One dumbbell rack/colored box

C> 14LB(3,5,6lbs pair) + One dumbbell rack/colored box

Pack : Set / colored box

Soft Dumbbell



Product Features:

Soft, absorbent foam covering helps make grip secure and makes workout more comfortable. Shape assures firm handhold. Great way to add intensity to aerobic workouts. Increase fat burning and tone arms.

Pack : Pair / clamshell + header card

Assorted Sizes:

2LBS / pair (1LBS each)

3LBS / pair (1.5LBS each)

4LBS / pair (2LBS each)

5LBS / pair (2.5LBS each)

Soft Dumbbell



Product Features:

Soft, absorbent foam covering helps make grip secure and makes workout more comfortable. Shape assures firm handhold. Great way to add intensity to aerobic workouts. Increase fat burning and tone arms.

Pack : Pair / clamshell + header card

Assorted Sizes:

2LBS / pair (1LBS each)

3LBS / pair (1.5LBS each)

4LBS / pair (2LBS each)

5LBS / pair (2.5LBS each)

Soft Dumbbell



Product Features:

Soft, absorbent foam covering helps make grip secure and makes workout more comfortable. Adding an adjustable hand-band--gets easier for doing aerobic exerciser.

Pack : Pair/clam shell + header card

Assorted Sizes:

2LBS / pair (1LBS each)

3LBS / pair (1.5LBS each)

4LBS / pair (2LBS each)

5LBS / pair (2.5LBS each)

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Soft Dumbbell

Product Features:

Soft, absorbent foam covering helps make grip secure and makes workout more comfortable. Adding an adjustable hand-band--gets easier for doing aerobic exerciser.

Pack : Pair/clam shell + header card

Assorted Sizes:

2LBS / pair (1LBS each)

3LBS / pair (1.5LBS each)

4LBS / pair (2LBS each)

5LBS / pair (2.5LBS each)



Work Weight

Product Features:

Foam-padded grips. The elastic-band helps users to grasp tightly and prevents from sliding. Ideal for step aero, jogging, walking, slides, etc.

Pack : Pair / colored box

Assorted Sizes:

2LBS / pair (1LBS each)

4LBS / pair (2LBS each)



Soft Dumbbells

Product Features:

Soft, absorbent foam covering helps make grip secure and makes workout more comfortable. Shape assures firm handhold. Great way to add intensity to aerobic workouts. Increase fat burning and tone arms.

Pack : Pair / colored box

Assorted Sizes:

2LBS / pair (1LBS each)

3LBS / pair (1.5LBS each)

4LBS / pair (2LBS each)

5LBS / pair (2.5LBS each)



Soft Dumbbell

Product Features:

Soft, absorbent foam covering helps make grip secure and makes workout more comfortable. Shape assures firm handhold. Great way to add intensity to aerobic workouts. Increase fat burning and tone arms.

Pack : Pair / colored box

Assorted Sizes:

2LBS / pair (1LBS each)

3LBS / pair (1.5LBS each)

4LBS / pair (2LBS each)

5LBS / pair (2.5LBS each)

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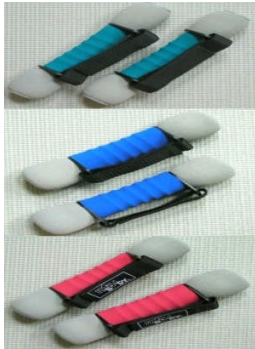
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Soft Dumbbell with webbing band

Product Features:

Soft, absorbent foam covering helps make grip secure and makes workout more comfortable. Shape assures firm handhold. Great way to add intensity to aerobic workouts. Increase fat burning and tone arms.

Pack : Pair / colored box

Assorted Sizes:

- 1LBS / pair (0.5LBS each)
- 2LBS / pair (1LBS each)
- 3LBS / pair (1.5LBS each)
- 4LBS / pair (2LBS each)
- 5LBS / pair (2.5LBS each)



Soft Dumbbell Set

Product Features:

Soft, absorbent foam covering helps make grip secure and makes workout more comfortable. Shape assures firm handhold. Great way to add intensity to aerobic workouts. Increase fat burning and tone arms.

Pack : Pair / colored box

Assorted Sizes:

- 1kgs / pair (0.5kgs each)
- 2kgs / pair (1kgs each)
- 3kgs / pair (1.5kg each)
- 2LBS / pair (1LBS each)
- 3LBS / pair (1.5LBS each)
- 4LBS / pair (2LBS each)
- 5LBS / pair (2.5LBS each)



Hand Weight

Product Features:

Designed for strengthening hand and forearm muscles. Ideal for Aerobic, Jogging and Exercise walking.

Pack : Pair / clam shell + header card

Assorted Sizes:

- 2LBS / pair (1LBS each)
- 3LBS / pair (1.5LBS each)
- 5LBS / pair (2.5LBS each)



Work Weight 2LBS pair

Product Features:

Soft, absorbent foam covering helps make grip secure and makes workout more comfortable. Shape assures firm handhold. Great way to add intensity to aerobic workouts. Increase fat burning and tone arms.

Pack : Pair / clamshell + header card

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