



The New Revolution in Bodyweight Training
www.fitnessconcept.com.sg

Hand Exercisers



Weighted Jump Rope(200gx2)

Product Features:

The perfect aerobic workout. Promotes agility, muscle toning, and better hand-eye coordination. 9.5' solid rubber rope with 600g foam-padded fast-action ball bearings handles.

Pack : Each / PP Clear Box



Dual Wheel Exerciser

Product Features:

Portable and easy to use. Dual wheel helps control and balance. Excellent for building abdominal and arm muscles.

Pack : Each / P.P Clear Box



Rubber Pull Exerciser

Product Features:

Perfect for toning user's hips, thighs, buttocks, legs, arms, chest, back & abs. Completely portable work out anywhere, anytime.

Pack : Each / PP Clear Box

Assorted Sizes :

- 1> 11mm x 2mm x 125cm--Light Tension
- 2> 12mm x 2.5mm x 125cm--Medium Tension
- 3> 13mm x 3mm x 125cm--Heavy Tension



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Pilates Toner Ring

Product Features:

Flexible Ring with Comfort Cushioned Pads - 36cm dia. The Pilates Toner Ring Workout will Help to Transform User's Entire Body.

Pack : Each / P.P Header



Deluxe Yoga Sticky Mat

Product Features:

Mat Dim. : L68cm x W24cm x 6.0mm thickness

A PE texture inserted in PVC foam mat that is with non-skid pattern for added traction to reduce slipping during rigorous poses and builds for stability.

Carry strap for easy transport.

Light weight, sticky, durable, washable.

Perfect for yoga and fitness classes and provides cushion and traction.

Pack : Each / P.P Header



Dual Band

Product Features:

Round TPR Rubber with 2-tone Foam Grips. Great for Strengthening and Toning Arms, Back and Upper Body. Useful in Many Kinds of Fitness Programs.

Pack : Each / P.P Clear Box

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Soft Dumbbell

Product Features:

Heavy-Duty Soft, Absorbent Two-Tone Foam Covering Helps Make Grip Secure and Makes Workout Comfortable. Great for Adding Intensity to Aerobic Workouts.

Pack : Each / P.P Clear Box



Deluxe Jump Rope

Product Features:

9ft(273cm) PVC Solid Rope with 2-tone Foam grip Handles housing a Fast-canton Ball bearing. The Perfect Aerobic Workout.

Pack : Each / P.P Clear Box



Dual Action Door Gym Bar

Product Features:

Black Anodized Steel Bar (66.5cm)-Two Foam-Grips onto the Bar.

Fits Door Way from 71cm to 91.5cm by Dual Extending.

Includes Heavy-Duty Screw-in Bracket for Secure Mounting.

Outer Tubing : 30cm x 1.4mm

Inner Tubing : 25.4cm x 1.1mm

Pack : Each / P.P Header



Push Up Bar

Product Features:

Ergonomic Design for Less Stress on Wrists and Forearms. Sturdy, Light-Weight, High-Impact Plastic Stands with Heavy-Duty 2-Tone Soft Foam for Secure Grip and Comfort. Develops Muscles in Chest, Arms and Shoulders.

Pack : P.P Clear Box

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Deluxe Hand Grips

Product Features:

2-tone Heavy-duty Foam-padded Grips. 4.5mm Chrome-plated Spring Wire.
Develop Muscles in Wrists and Forearms.

Pack : Each / P.P Clear Box

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