
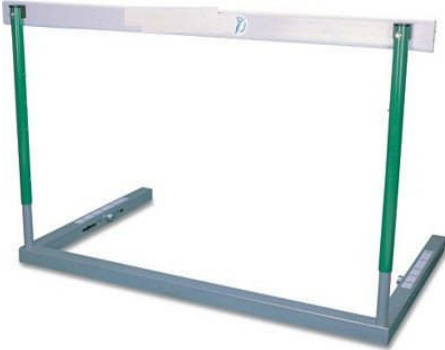






The New Revolution in Bodyweight Training  
[www.fitnessconcept.com.sg](http://www.fitnessconcept.com.sg)

### Hurdle

<p><b>Velocity</b>  VSH-101 Aluminium-Foldable</p>	<p>Velocity All Aluminum Hurdle offers a special design which makes it one of the safest hurdles. This hurdle offers extra strong elbows which give this hurdle more strength and durability. Folding design of Velocity reduces the volume of the hurdles, which saves cost on space / transportation. It also features Lexan Gate board and PVC coated counter weights with better stackability.</p>	
<p><b>Pro Hurdle</b>  VSH-222F FOLDING WOODEN-(IAAF CERTIFIED)  VSH-222 (IAAF CERTIFIED)</p>	<p>Strongest hurdle made of 47 mm square steel tube, polyurethane painted. (Galvanized version also available). PVC coated counter weights adjust to meet precise official pullover force at each of the four heights. Height is adjustable by easy snap locking system. Special design makes it easy to stack in minimum space. PRO HURDLE is backed by IAAF confidence and has the experience of many international meets and that too at an attractive price.</p>	
<p><b>New Premium</b>  VSH-111A 0.762 TO 1.067 METERS</p>	<p>Designed for maximum durability. Detachable legs made of round steel tubular pipe make the hurdle easier in transportation. Adjustable weight for different heights varying from 0.762 to 1.067 meters, galvanized to prevent rusting, sliding tube with spring loaded plastic locks for quick adjustment of height.</p>	
<p><b>Competition (Hurdle)</b>  VSH-444L Lexan Gateboard</p>	<p>Extra strong hurdle with 50 mm flat steel base. Powder coated frame. Easy height selection by snap locking mechanism. PVC coated counter weights meet precise official pullover force at all four heights.</p>	

[www.fitnessconcept.com.sg](http://www.fitnessconcept.com.sg)

VivoVista LLP Registration No. LL0600738J

Mobile: (65) 9107 0793 Fax: (65) 6234 1595 Email: [sharon.chen@fitnessconcept.com.sg](mailto:sharon.chen@fitnessconcept.com.sg)

10 Anson Road #05-17 International Plaza Singapore 079903



The New Revolution in Bodyweight Training  
[www.fitnessconcept.com.sg](http://www.fitnessconcept.com.sg)

<p><b>Rollback Aluminium</b> VSH-555</p>		
<p><b>Classic</b> VSH-112 0.762 TO 1.067 METERS</p>	<p>Best quality hurdle used for practice and competitions. Inside concealed weights help the hurdle to come back when knocked by the athlete. Easy height adjustment by spring loaded plastic locks. Height adjustable at 76.2 cm, 84 cm, 91.4 cm and 106.7 cm.</p>	
<p><b>Premium</b> VSH-111 0.762 TO 1.067 METERS</p>	<p>International quality hurdle with hinged legs made of round steel tubular pipe with adjustable weight. Height adjustable at 76.2 cm, 84 cm, 91.4 cm and 106.7 cm. Zinc plated to prevent from rusting. Sliding tube with spring loaded plastic lock for quick adjustment of height. Premium hurdle is best suitable for professionals.</p>	
<p><b>Super-200 (Hurdle)</b> VSH-113 0.762 TO 1.067 METERS</p>	<p>Hurdle with compact base and sliding tube. Height adjusted from concealed push-buttons. Height adjustable at 76.2 cm, 84 cm, 91.4 cm and 106.7 cm.</p>	
<p><b>Elementary Super - 200</b> VSH-113EL Lexan Gateboard</p>	<p>Hurdle with compact base and sliding tube. Height adjusted from concealed push-buttons. Height adjustable at 45 cm, 50 cm, 55 cm, 60 cm, 65 cm and 70 cm.</p>	

[www.fitnessconcept.com.sg](http://www.fitnessconcept.com.sg)


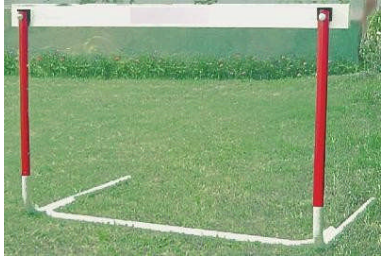



VivoVista LLP Registration No. LL0600738J

Mobile: (65) 9107 0793 Fax: (65) 6234 1595 Email: [sharon.chen@fitnessconcept.com.sg](mailto:sharon.chen@fitnessconcept.com.sg)

10 Anson Road #05-17 International Plaza Singapore 079903



The New Revolution in Bodyweight Training  
[www.fitnessconcept.com.sg](http://www.fitnessconcept.com.sg)

<p><b>Spare Crossbars / Gateboard for Hurdles</b>          VSH-SPBW          WOODEN          VSH-SPBSL PVC - SCISSOR          VSH-SPBL LEXAN</p>	<p>Wooden gate board suitable for all models of Hurdles except Scissor Hurdle.</p>	
<p><b>Club</b>          VSH-333 Wooden Gateboard          VSH-333L Lexan Gateboard</p>	<p>The special design of this hurdle makes it one of the best hurdles for school level competition &amp; practice. It features powder coated paint, fixed weighted base, lexan gate board and 4 height adjustments: 76.2 cm, 84 cm, 91.4 cm and 106.7 cm. This hurdle is detachable from the base which makes the transportation of the hurdle easier &amp; economical.</p>	
<p><b>Gold-100 (Hurdle)</b>          VSH-114JL Junior Lexan Gateboard          VSH-114J Junior Wooden Gateboard          VSH-114 Wooden Gateboard          VSH-114L Lexan Gateboard</p>	<p>Steel hurdle, light weight, height adjustment at 76.2cm, 84cm, 91.4cm and 106.7cm by concealed push-buttons. Ideal for schools.</p>	
<p><b>Scissor Economy</b>          VSH-116 9 " TO 36 " INCHES</p>	<p>Scissor type hurdle made of steel strip. Height range 9" to 36"</p>	
<p><b>Steeplechase Barriers</b>          SCB-100</p>	<p>Made of heavy gauge round steel pipe, PU painted for durable finish. Height adjustable up to four levels.</p>	

[www.fitnessconcept.com.sg](http://www.fitnessconcept.com.sg)

VivoVista LLP Registration No. LL0600738J

Mobile: (65) 9107 0793 Fax: (65) 6234 1595 Email: [sharon.chen@fitnessconcept.com.sg](mailto:sharon.chen@fitnessconcept.com.sg)

10 Anson Road #05-17 International Plaza Singapore 079903



The New Revolution in Bodyweight Training  
[www.fitnessconcept.com.sg](http://www.fitnessconcept.com.sg)

**Training**  
VSH-115 9 " TO 36 "  
INCHES

Scissor type hurdle made of round steel tubular pipe. Height range 9" to 36"



[www.fitnessconcept.com.sg](http://www.fitnessconcept.com.sg)

VivoVista LLP Registration No. LL0600738J

Mobile: (65) 9107 0793 Fax: (65) 6234 1595 Email: [sharon.chen@fitnessconcept.com.sg](mailto:sharon.chen@fitnessconcept.com.sg)

10 Anson Road #05-17 International Plaza Singapore 079903