



The New Revolution in Bodyweight Training
www.fitnessconcept.com.sg

Hand Exercisers

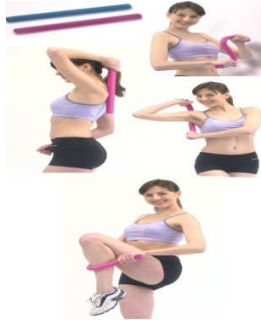
Dual-Action Door Gym Bar



Product Features:

Anodized Steel Bar (66.5cm) with two high-density foam-grips padded.
 Fits door way from 71cm (28") to 91.5cm (36") by dual extending.
 Includes heavy-duty screw-in bracket for secure mounting.

Body Rod



Product Features:

A Complete Body Tone.
 Flexible spring cushioned with heavy-duty rubber foam.
 Flexible construction for multi-exercise, great for strengthening arms, breast, wrist and toning leg.
 Resistance--
 13.0mm spring

Dual-Action Door Gym Bar



Product Features:

Colored anodized steel bar (66.5cm).
 Fits door way from 71cm (28") to 91.4cm (36") by dual extending.
 Includes heavy-duty screw-in bracket for secure mounting.
 Outer // inner tubing's : 300mm x 1.4mm x L600mm // 254mm x 1.1mm

Versa Flex Bar



Product Features:

A Complete Body Tone.
 Flexible spring cushioned with heavy-duty rubber foam.
 Flexible construction for multi-exercise, great for strengthening arms, breast, wrist and toning leg.
 Resistance--
 5.0mm spring

Dual Action Door Gym Bar



Product Features:

Black Anodized Steel Bar (66.5cm)-Two Foam-Grips onto the Bar.
 Fits Door Way from 71cm to 91.5cm by Dual Extending.
 Includes Heavy-Duty Screw-in Bracket for Secure Mounting.
 Outer Tubing : 30cm x 1.4mm
 Inner Tubing : 25.4cm x 1.1mm
 Pack : Each / P.P Header

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VivoVista LLP Registration No. LL0600738J

Mobile: (65) 9107 0793 Fax: (65) 6234 1595 Email: sharon.chen@fitnessconcept.com.sg

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Power Twister

Product Features:

A great way to shape up the upper body for both men and women. Strengthens shoulder, chest muscles, arms and back muscles.

Steel Spring :

530TR-65 : 5.5mm

530TR-75 : 7.0mm

Length :

530TR-65 : 65cm

530TR-75 : 75cm

Pack : Each / colored box



Power Twister

Product Features:

Strengthens shoulder, chest muscles, arms and back muscles. Length approximates 76cm.

Pack : Each / colored box



Tension Bar

Product Features:

A great way to shape up the upper body for both men and women. Strengthens shoulder, chest muscles, arms and back muscles.

Size : L 56cm x 5mm spring

Pack : Each / clam shell + header card



Tension Bar

Product Features:

A great way to shape up the upper body for both men and women. Strengthens shoulder, chest muscles, arms and back muscles.

Size : L 68cm x 5mm spring

Pack : Each / clam shell + header card



(Double Spring) 75cm Power Twister

Product Features:

A great way to shape up the upper body for both men and women. Strengthens shoulder, chest muscles, arms and back muscles. Length approximates 75cm.

Pack : Each / clamshell + header card



65CM Power Twister

Product Features:

A great way to shape up the upper body for both men and women. Strengthens shoulder, chest muscles, arms and back muscles. Length approximates 65cm.

Pack : Each / clamshell + header card

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Foam Power Twister

Product Features:

Power Twister coated with rubber foam. Strengthens shoulder, chest muscles, and arms. Length approximates 28.5cm.
 Pack : Each / clamshell + header card



Power Twister 75cm

Product Features:

With Safety loops and integrated safety cord. Strengthens shoulder, chest muscles, arms and back muscles. Length approximates 75cm.
 Pack : Each / colored box



Door Gym Bar

Product Features:

Door gym bar with black-anodize finishing. Includes heavy-duty screw-in brackets for secure mounting. Fits doorway up to 32" wide.
 Pack : Each / colored box



Dual Action Door Gym Bar

Product Features:

Dual action door gym bar. Rugged chrome-plated steel bar with foam-padded grips. Includes heavy-duty screw-in brackets for secure mounting. Fits doorway up to 32" wide.
 Pack : Each / colored box



Door Gym Bar

Product Features:

(P-906 Door Gym Bar) Rugged chrome-plated steel bar. Includes heavy-duty screw-in brackets for secure mounting. Fits doorway up to 32" wide.
 Pack : Each / colored box



Door Gym Bar

Product Features:

Rugged chrome-plated steel bar with foam-padded grips. Includes attachment for secure mounting. Fits doorway up to 32" wide.
 Pack : Each / colored box

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Door Gym Bar

Product Features:

Rugged chrome-plated steel bar. Includes attachment for secure mounting. Fits doorway up to 32" wide.

Pack : Each / colored box



Door-Jam Bar II

Product Features:

Great for chin-ups, leg-lifts, and push-ups for strengthening. Allow full motion without bumping head on door frame. Easy to install and remove fits standard 24" to 32" door openings. This new great bar is devised under high & low levels for more option as desired.

Pack : Each / colored box



Door Jam Bar I

Product Features:

Easy to install and remove from doorway. Foam padded grip. 4 grip variations. 3 Ways to use bar (chin-ups, push-ups, sit-ups). Extends out from door jam. Installation will not damage door frame. Strengthens arms, chest, back, wrists, stomach, shoulders. Works different muscles in arms by changing grip. Will not bump head during proper use.

Pack : Each / colored box

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