



The New Revolution in Bodyweight Training
www.fitnessconcept.com.sg

Push-Up Stands/Sit-Up Bars



Push Up Bar

Product Features:

TPR handle grips for comfortable using. Great for push-up & stretching. Helps improve your upper body arms, stomach & legs.

Wide-Base for more steady.

Pack : Pair / colored box



Multi-Height Push Up Bars

Product Features:

Three foam grip handles for comfort and grip. Adjustable heights to increase intensity, stretch and strength. Portable so user can exercise anywhere : at home, on the road or in the gym. Works the major muscle groups of the upper body, arms and shoulders. Movable so it can vary the width and intensity of the workout for users' chest and arms.



Push Up Stand

Product Features:

Foam handle grips for comfortable using. Great for push-up & stretching. Helps improve your upper body arms, stomach & legs.

Wide-Base for more steady.

Pack : Pair / colored box



Push Up Stand

Product Features:

Foam handle grips for comfortable using. Great for push-up & stretching. Helps improve your upper body arms, stomach & legs.

Wide-Base for more steady.

Pack : Pair / colored box



One-Piece Push Up Bar

Product Features:

Foam handle grips for comfortable using. Great for push-up & stretching. Helps improve your upper body arms, stomach & legs.

Wide-Base for more steady.

Pack : Pair / colored box



Advanced Training Bars

Product Features:

3-height adjusts for Push-ups or Dips.

You can easily adjust the bars for a two-in-one upper body workout--

> Build your biceps with Push-ups

> Target your triceps with Dips

The bars are also designed with a wide base for extra stability, so you will not slip or slide while you are finishing out your set.

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Mini Body Fit

Product Features:

The mini body fit with air pressure resistance is fitness essential. Durable steel construction allows to convert into--
> AB slimming and push ups by air pressure.
> Individual push-up bars.
> Props for leg lifting.



Push Up Bar

Product Features:

Ergonomic Design for Less Stress on Wrists and Forearms. Sturdy, Light-Weight, High-Impact Plastic Stands with Heavy-Duty 2-Tone Soft Foam for Secure Grip and Comfort. Develops Muscles in Chest, Arms and Shoulders.

Pack : P.P Clear Box



Multi-Height Push-Up Stands

Product Features:

Three foam grip handles for comfort and grip. Adjustable heights to increase intensity, stretch and strength. Portable so user can exercise anywhere : at home, on the road or in the gym. Works the major muscle groups of the upper body, arms and shoulders. Movable so it can vary the width and intensity of the workout for users' chest and arms.

Pack : Each / Colored box



Ultimate Board Plus

Product Features:

Increase flexibility and strength. Tones and firms entire upper body. Trim waist, buns and thighs. Natural yoga and Pilates type movements. Unique swivel motion. With Soft Gel Pads.

Pack : Each / colored box



Sit Up Bar

Product Features:

A total aerobic exercises to flatten, tone and shape hips, thighs and stomach. Heavy gauge steel construction with foam rubber padded ankle bar with adjustable door clamp.

Pack : Each / colored box



Plastic Push-Up Bars

Product Features:

Great for strengthening arms, shoulders, and back. "One-piece" new device for more steady and portable to allow doing exercise anytime and anywhere. "One-piece" durable high-impact workout construction with comfortable grip.

Pack : Pair / clamshell + header card

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Plastic Push-Up Bars

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Great for strengthening arms, shoulders, and back. "One-piece" new device for more steady and portable to allow doing exercise anytime and anywhere. "One-piece" durable high-impact workout construction with comfortable grip.

Pack : Pair / clamshell + header card



Push-Up Stands

Product Features:

Ergonomic design for less stress on wrists and forearms. Sturdy, light-weight, high-impact plastic stands with soft foam covering for secure grip and comfort. Removable bases provide easy transport. Develops muscles in chest, arms and shoulders.

Pack : Pair / colored box



Plastic Push Up Bar

Product Features:

Neoprene covered handle grips for comfort. Great for push-up & stretching. Helps improve your upper body arms, stomach & legs. Travels anywhere-bring your fitness, program with you.

Pack : Pair / colored box



Push Up Bar

Product Features:

Neoprene covered handle grips for comfort. Great for push-up & stretching. Helps improve your upper body arms, stomach & legs. Travels anywhere-bring your fitness, program with you.

Pack : Pair / colored box

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