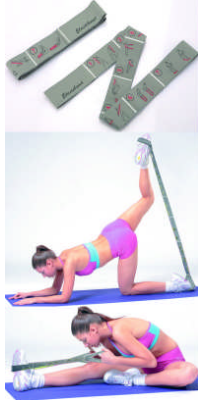




The New Revolution in Bodyweight Training
www.fitnessconcept.com.sg

Yoga / Pilates Props



Exercise Strap

Product Features:

Strap Size :
W 2" x L 34" x T 1.5mm



Resistance Energy Ball

Product Features:

Tone, condition and strengthen your abs, arms, chest, shoulders and back. Increase muscle power. Filled with sand allowing the ball to mold into the shape of your hand, while maintaining their shape after use.

The Resistance Energy Ball is easily holding and great for building arm strength.

Assorted Weights--1 Lbs
Pack : Each/Colored Box



Weighted Exercise Ball

Product Features:

Tone, condition and strengthen your abs, arms, chest, shoulders and back. Increase muscle power. Filled with sand allowing the ball to mold into the shape of your hand, while maintaining their shape after use.

The Weighted Exercise Ball is easily holding with the wrist strap to avoid falling off.

The Exercise Ball is great for building arm strength.

Assorted Weights--
2 Lbs pair (1 Lbs each)
3 Lbs pair (1.5 Lbs each)
1 kgs pair (0.5 kgs each)



Pilates Blade

Product Features:

One Length 128cm Fiberglass Flexible Bar - Foam Cushion Padded the Flexible Bar Entirely for Comfortable Touching.

Great for Toning and Strengthen Upper Arm/Shoulder, Abs, Chest/Arm, and Lower Stomach, Waist Line, Leg, etc.

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Hand-Weighted Chi-Ball

Product Features:

Tone, condition and strengthen your abs, arms, chest, shoulders and back. Increase muscle power. Filled with sand allowing the ball to mold into the shape of your hand, while maintaining their shape after use.

Assorted Weights--

- 1 Lbs pair (0.5 Lbs each)
- 3 Lbs pair (1.5 Lbs each)
- 4 Lbs pair (2.0 Lbs each)
- 5 Lbs pair (2.5 Lbs each)
- 6 Lbs pair (3.0 Lbs each)
- 1 kgs pair (0.5 kgs each)
- 2 kgs pair (1.0 kgs each)
- 3 kgs pair (1.5 kgs each)

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